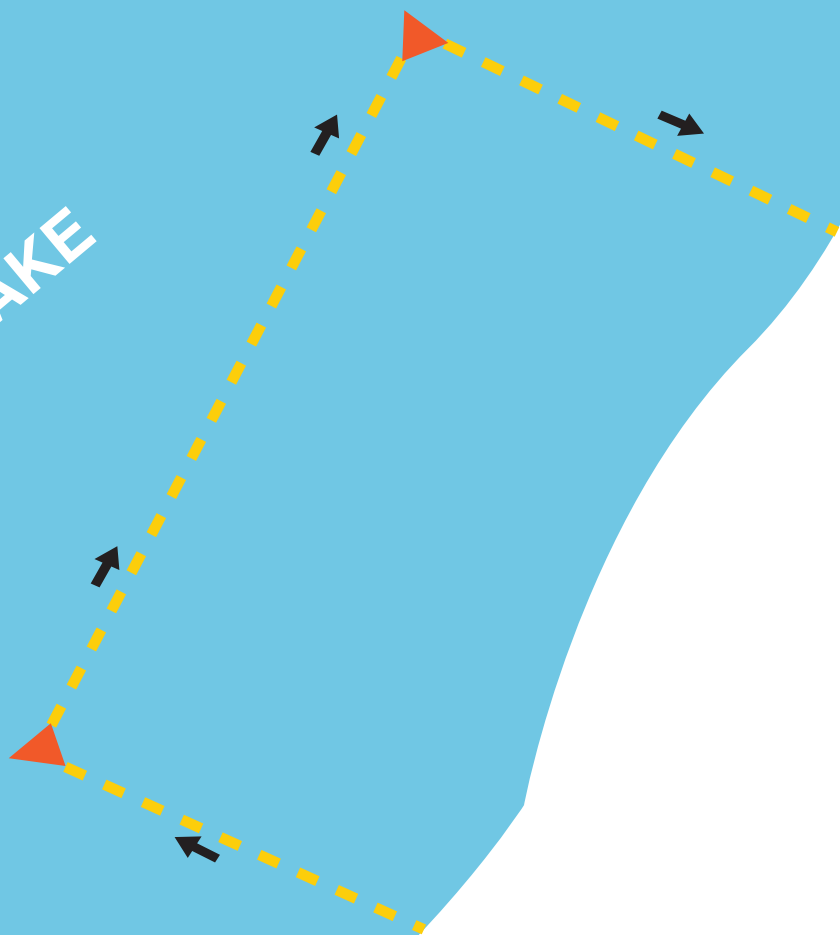




SWIM COURSE



ROCK LAKE



TRANSITION

SANDY BEACH RD.

KEY

- MILE MARKER
- AID STATION
- BIKE TECH
- COURSE DIRECTION
- COURSE
- TRANSITION





BIKE COURSE

TURN-BY-TURN BIKE COURSE

- Mount bike on Sandy Beach Rd.
- Right on South Main St. (Route 89)
- Right on County Highway A
- Right on London Rd.
- Left on Britzke Rd.
- Continue straight on Hope Lake Rd.
- Left on County Highway G
- Left on Mud Lake Rd.
- Continue straight on County Highway A
- Left on South Main St. (Route 89)
- Left on Sandy Beach Rd.
- Dismount bike on Sandy Beach Rd.

KEY

- MILE MARKER
- AID STATION
- BIKE TECH
- COURSE DIRECTION
- COURSE
- TRANSITION



TURN-BY-TURN RUN COURSE

- Left onto Sandy Beach Rd.
- Right onto paved bike trail
- Right onto the Glacial Drumlin Trail
- Turn-around at half way point
- Left onto paved bike trail
- Left onto Sandy Beach Rd.
- Right into parking lot & finish line

Janesville
SUBARU



RUN COURSE

KEY

- MILE MARKER
- AID STATION
- BIKE TECH
- COURSE DIRECTION
- COURSE
- TRANSITION

